

Research Assessment #5

Date: October 23, 2017

Subject: The Impact of Caring for Another Person

MLA Citation:

Assessment:

The article, *Aziza Shad, M.D., Chair of the Samuelson Children's Hospital at Sinai, Named a 2017 Daily Record Innovator of the Year*, highlights Dr. Shad's successes in the field of pediatric oncology and provided me with a new perspective on how pediatrics changes lives. After a three week stretch of researching writing, Helene King's article about Dr. Shad allowed me to see that a doctor can never do enough to change a patient's life. In the article, King specifies that Dr. Shad has helped start many different programs such as Hope for Henry, Tracy's Kids, Happily Hungry, and Mattie's Miracle Cart. Her creation of these programs to enable families to better care for their children shows that the care a doctor holds for a patient goes past monthly checkups or writing prescriptions. Before reading the article, I knew that emotional connections to the patient and the patient's family played a large role in the job and had an impact on the mental and emotional mindset of a patient, but King's article gave me insight that doctors do not just leave their jobs in the office; they take them home and they are never truly off the clock. King's article highlights how Dr. Shad met the psychological and social needs of her patients; this is the factor of her programs that brought success. *Aziza Shad, M.D., Chair of the Samuelson Children's Hospital at Sinai, Named a 2017 Daily Record Innovator of the Year* has strengthened my view on the fact that having a good pediatrician or training pediatricians in social and psychological fields helps the patient in the long run by allowing the pediatrician to not only effectively communicate with the parents of the patients but also the patients themselves, regardless of age, illness, or background.

After reading Helene King's article about Dr. Shad has showed me that pursuing a more specific branch of pediatrics does not change the fundamentals behind building relationships between the pediatricians themselves and their patients. Through King's description of Dr. Shad's programs, specifically Hope for Henry and Tracy's Kids, I understand that doctors are as much a part of the coping process of cancer as the families and patients because they develop meaningful relationships with these cancer patients, allowing for doctors to relate to families who have children with cancer. By reading this article, my want to spread the positive image of pediatrics has grown dramatically because I can personally relate to the trauma that families of cancer patients go through and Dr. Shad's work has changed the lives of many patients and families because of how much she cares about her patients. Through witnessing some of the work she has done through reading Helene King's article, *Aziza Shad, M.D., Chair of the Samuelson Children's Hospital at Sinai, Named a 2017 Daily Record Innovator of*

the Year, I understand the impact that a doctor has on their patients and I know that I want to make that level of positive impact on another person's life.